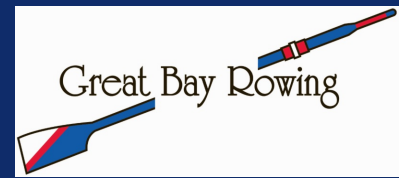


# Annual Newsletter



## A Year of Change

2023 In Review from our Rowing Director

## Moments With the Masters

Adam Tracksler on his return to rowing

## From the Coaches Launch

An interview with Fred Loucks about the Collegiate HPG program

## Captain's Corner

Hear from our Fall 2023 Girls Captain  
Belle Greenshields

In 2023 alone, GBR served nearly 200 athletes of all ages and abilities, from throughout the seacoast and beyond. You, or someone you love, has likely benefitted from being on the water with us. As you take a moment to plan your end of year giving, we ask you to consider supporting Great Bay Rowing.

This past year has been the start of many exciting changes for our club - plans for the construction of a new boathouse are well underway, sitework has begun on the Dover Waterfront, and the rowers have adapted to many new temporary training locations. We ask for your support, big or small, so we may head into 2024 ready to tackle our big projects and keep the club running full speed ahead.

Thank you for your consideration  
-Great Bay Rowing Board of Directors

Support GBR this Giving Tuesday



ARE YOU READY TO SUPPORT GREAT BAY ROWING?

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## Alumni Updates

The GBR women, particularly the most recent class of 2023, are taking the world by storm! We asked our four most recent alumna for a quick update after their first season of collegiate rowing.

Eleanor Raspa, an Oyster River High School grad, attends Trinity College, where she plans to major in classics and minor in music. She coxed the Trinity Women's Collegiate 4+ at the Head of the Charles this fall. "I love my new rowing team and Trinity but I still miss GBR. I look forward to the regattas where I can cheer you guys on like Head of the Charles and Head of the Fish!"

Katie Braddick, a Kennebunk High School grad, attends Embry-Riddle University. She took home Head of the Schuylkill gold in the Women's College Freshman/Novice 4+ this fall.

Katherine McEwan, an Oyster River High School grad, attends the Massachusetts Institute of Technology. She won a gold medal in the MIT Women's Collegiate 2V 8+ at the Head of the Fish and raced in the Women's Club 8+ in the 1V at Head of the Charles, taking 8th out of 40.

Amanda Scally, a Portsmouth High School grad, now attends UMass Amherst. "I had the chance to join a team built solely on growth, grit, and gratitude, and I credit a lot of my success to my coaches at Great Bay Rowing. They gave me unwavering support and continuously pushed me to my limits. UMass's team is like family to me, and I began to experience this sacred environment at Great Bay."

We want to hear from all our GBR alums. If you have any updates to share, click below to stay in touch.

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