



HELLO FELLOW ROWERS!

Finally it looks like that the rowing season is approaching!  
Everybody who is planning to SWEEP ROW in a group early in the morning this spring:

The first time we meet is at

**Monday morning,**  
**APRIL 11 at 5:30 am**  
**At JACKSON'S LANDING in DURHAM**

Laura Hafner agreed to coach us for the spring couple of days /week.  
The first week we will row out of DURHAM switching to DOVER when the tide is getting to low.

As long as it is dark outside and our time is more restricted Durham seems to be the better option.  
This is the plan for now, switching between Dover and Durham depending on the tide. It might change later - we just want to ask you to be flexible from which river we later will row.

**PLEASE EMAIL ME** and I will give you access to the google doc where you can sign up for days you want/can row (blue = rowing on the OYSTER, green rowing on the COCHECO).

We might ask for a small donation to cover additional expenses for launch gas and wear and tear of the launches we are using!

See you soon  
Renate  
renateraeder@gmail.com

PS: Make sure your **GBR MEMBERSHIP** and your **US ROWING NUMBER** is current and that GBR has both your updated **MEDICAL FORM** and proof of your **SWIMMING ABILITY** (both form are available to be downloaded from our web site under the junior team links (<http://greatbayrowing.org/>)).