



## Captain's Test-Written

Participant Name: \_\_\_\_\_

Date: \_\_\_\_\_

- 1.) Which of the following equipment must you check before each row?
  - a.) Riggers, Foot-stretchers & Top-Nuts
  - b.) None of it, the boats are always in good condition!
  - c.) Riggers, Foot-stretches, All nuts and bolts, Heel-ties, Oarlock, Oar sleeve and collar & seat
  - d.) All of the above
- 2.) What should be noted in the logbook before every row?
  - a.) Launch time
  - b.) Boat Name
  - c.) Rower's Name
  - d.) All of the above
- 3.) Which of the following conditions is it unsafe to row in?
  - a.) Winds  $\geq 20$  MPH
  - b.) Thunder & Lightening
  - c.) Temperatures  $\leq 30$  degrees
  - d.) Dense fog (can't see 100' in front of you)
  - e.) All of the above
- 4.) What should you do if there is a thunderstorm approaching and you are out on the water?
  - a.) Row as fast as you can back to the GBR boathouse
  - b.) Row the boat to shore and wait on the banks of the river
  - c.) Row back to the GBR boathouse and if the storm picks up find the nearest dock and wait out the storm
  - d.) Continue rowing
- 5.) What is the greatest danger of rowing when the weather is cold?
  - a.) Flipping is much more dangerous-hypothermia can strike very quickly when submerged in cold water

- b.) Cold weather is bad for your joints and can lead to injury
  - c.) Less recreational boaters out on the water means you're rowing alone more often
  - d.) Ice on the riggers and oars can cause damage to the equipment
- 6.) Your shell flips. What are your options?
- a.) Get back in
  - b.) Use the boat as a flotation device and paddle to shallower water
  - c.) Have a fellow rower hold the boat in place to allow for a more stable platform of entry
  - d.) All of the above
- 7.) You're rowing downstream and you look over your shoulder and see a power boat approaching you coming upstream. What should you do?
- a.) Move to the middle of the river because you technically have the right of way
  - b.) Continue rowing following the buoy pattern but be cautious of the power boat's wake and be prepared to stop
  - c.) Yell and scream profanities at them because they waked you last week
  - d.) Cross the river and race them back to the docks
- 8.) At which points on the river should you avoid doing full pressure pieces at low tide?
- a.) The narrows
  - b.) From the dock to bird tree
  - c.) From cat dock to the wires
  - d.) A & B
- 9.) When launching before sunrise or after sunset your shell should be equipped with what equipment?
- a.) A red/green bow light & a white stern light
  - b.) Night vision goggles
  - c.) No equipment is necessary
  - d.) Never row before sunrise or after sunset
- 10.) When rowing a 1x, how often should you look over your shoulder to look for oncoming obstacles?
- a.) Whenever it seems necessary
  - b.) When I hear something over my shoulder
  - c.) Every other stroke
  - d.) Every 5-10 strokes, or more often in known shallow areas
- 11.) The tide is going out and there is a head wind. What can you expect the water to do?
- a.) Rough Water
  - b.) Calm Water
  - c.) Swirly Water
  - d.) None of the above

12.) Please describe the shallow/tight spots on the river from the dock to the wires

13.) Please describe the buoy pattern going upstream (rowing away from the dock) and downstream (rowing back to the dock) as well as the traffic pattern in relation to you and other boats.

14.) What maintenance tasks should you complete after every row? Please describe why each task is important.

15.) What should you do if you are in a boat that suffers damage mid row?

16.) As a club we are attempting to make all members accountable for following logbook sculling rules, please list our three strike policy as it relates to boat damage, taking out

boats that are not signed out, and taking out boats not available to your particular level of experience?

17.) Please provide any additional feedback that may help better this captain's test.

# Pass / Fail

Grader's Name: \_\_\_\_\_

Grader Signature: \_\_\_\_\_

Date: \_\_\_\_\_